

## Questions for Survey for Senior Centers/Municipal Aging Services

What programs, services and activities do you provide? (check list)

What associations/organizations are you affiliated with? (check list)

What training do you currently participate in? Who provides it? (check list? Open ended?)

How much funding do you have for training for you and your staff? (check list)

What training would you like?

Can you attend offsite training?

Would you access online training? Webinar?

### Current Skills

Professional designations of staff? (MSW, BSW, MPH, RN, ???)

Skill areas for effective leadership

- Administration and human resources
- Fiscal management
- Facility management
- Program development and implementation
- Strategic planning
- Evaluation
- Policy and Governance
- Records and Reports
- Community Development
- Volunteer Management
- Marketing
- Event Planning
- Person Centered Counseling



## What Do Senior Centers Do?

### Massachusetts Information

- Information and Referral
- Outreach
- Transportation
- Health/Fitness/Wellness
- Nutrition
- Education/Skills Training
- Advocacy
- Peer Support (Support Groups)
- Recreation
- Volunteer Development
- Supportive/Social Day Services
- Intergenerational
- Disability/Access Issues

### Profile of Senior Centers in Connecticut

- Information and Referral
- Transportation
- Adult Day Care
- Case Management
- Congregate meal
- Home Delivered Meals
- Legal Assistance
- Renters Rebate
- Tax Filing Assistance
- Telephone Reassurance
- In-Home Assistance
- CHOICES Counseling
- Mental Health Counseling
- Educational, Life Long Learning
- Health Screenings/Clinics
- Health Education
- Arts and Crafts
- Recreation Programs
- Fitness Programs
- Special Events
- Cultural Programs

#### NCOA/NISC National Standards

- Socialization
- Mental stimulation
- Improve cognitive function
- Opportunity to make choices
- Presentation of information necessary to make decisions regarding lifestyle
- Skill development
- Self-efficacy
- Practice and learn leadership skills
- Creative aptitude
- Exploration of different cultures
- Exploration of different geographic regions of the world
- Community pride and ability to create change in the community
- Physical ability through organized movement classes
- Intergenerational activities

#### MySeniorCenter

- Social/Recreation
- Fitness/Exercise
- Education
- Health/Wellness
- Information and Assistance
- Art/Music/Culture

# Senior Center Task Force - Senior Center Survey

\* Required

**1. Which, if any, of the following organizations are you or any of your staff affiliated**

*Check all that apply.*

- CASCP
- NCOA
- NISC
- CLASS
- CAMAE
- ASA
- Other: \_\_\_\_\_

**2. Please indicate areas of training that most interest you.**

*Mark only one oval.*

- Programming
- Fund Development
- Social Service
- Facility Management
- Administration/Personnel
- Aging (gerontology)
- Advocacy/Public Policy
- Marketing
- Other: \_\_\_\_\_

**3. Programs and Services \****Check all that apply.*

- Information and Referral
- Transportation
- Adult Day Services
- Case Management/Social Work
- Congregate meal
- Home Delivered Meals
- Renters Rebate
- Tax Filing Assistance
- CHOICES Counseling
- Circuit Breaker
- Energy Assistance
- Medicaid Application/Re-determination assistance
- Chore Assistance
- Other: \_\_\_\_\_

**4. Programs and Activities***Check all that apply.*

- Educational/Life Long Learning
- Health Screenings
- Arts and Crafts
- Recreation/Social programs
- Fitness Classes
- LiveWell
- Matter of Balance
- LiveWell Diabetes
- Aging Mastery Program
- Trips and Travel
- Cultural Programs
- Wellness education programs
- Volunteer programs
- Other: \_\_\_\_\_

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