

# Connecticut's Area Agencies on Aging

Planning, Implementing and Evaluating Services  
for Older Adults

# Connecticut Association of Area Agencies on Aging (C4A)

## Connecticut Association of Area Agencies on Aging



The five Area Agencies on Aging (AAAs) in CT are private, not-for-profit corporations established in CT in 1974 to provide leadership and resources to meet the needs of the rapidly growing elderly population. The CT Association of Area Agencies on Aging (C4A) is a professional affiliation comprised of all five AAAs.

# Aging Network

- Federal Level – Administration for Community Living (ACL) \* See next...
- State Department on Aging (SDA)
- Area Agencies on Aging (AAAs)
- Local Service Providers
- State level Commissions
- Coalitions
- Task Forces
- NGO's
- Population-level advocacy groups

# Administration for Community Living (ACL)

- Under the US Department of Health and Human Services. Includes:
  - Administration on Aging (AoA)
  - Administration on Intellectual and Developmental Disabilities (AIDD)
  - Center for Disability and Aging Policy (CDAP)
  - Center for Management and Budget (CMB)

# Older Americans Act

- Between 1965 and 1973, a great deal of money was spent to start senior centers as a means of providing opportunities for older people to socialize.
- Until the 1973 amendments to the OAA, State Offices on Aging acted as the decision-making bodies that granted funds to individual community projects.
- In 1973 Area Agencies on Aging (AAAs) were created so that decisions could be made on a local level, based on local needs.

# Older Americans Act Mandates

- Older Americans Act mandates that we target those individuals deemed to be in the “greatest economic and social need”.
- Greatest economic need – a need resulting from an income level at or below the Federal Poverty Level.
- Greatest social need – a need caused by non-economic factors that threaten an individual’s capacity to live independently.

# Title III Service Categories

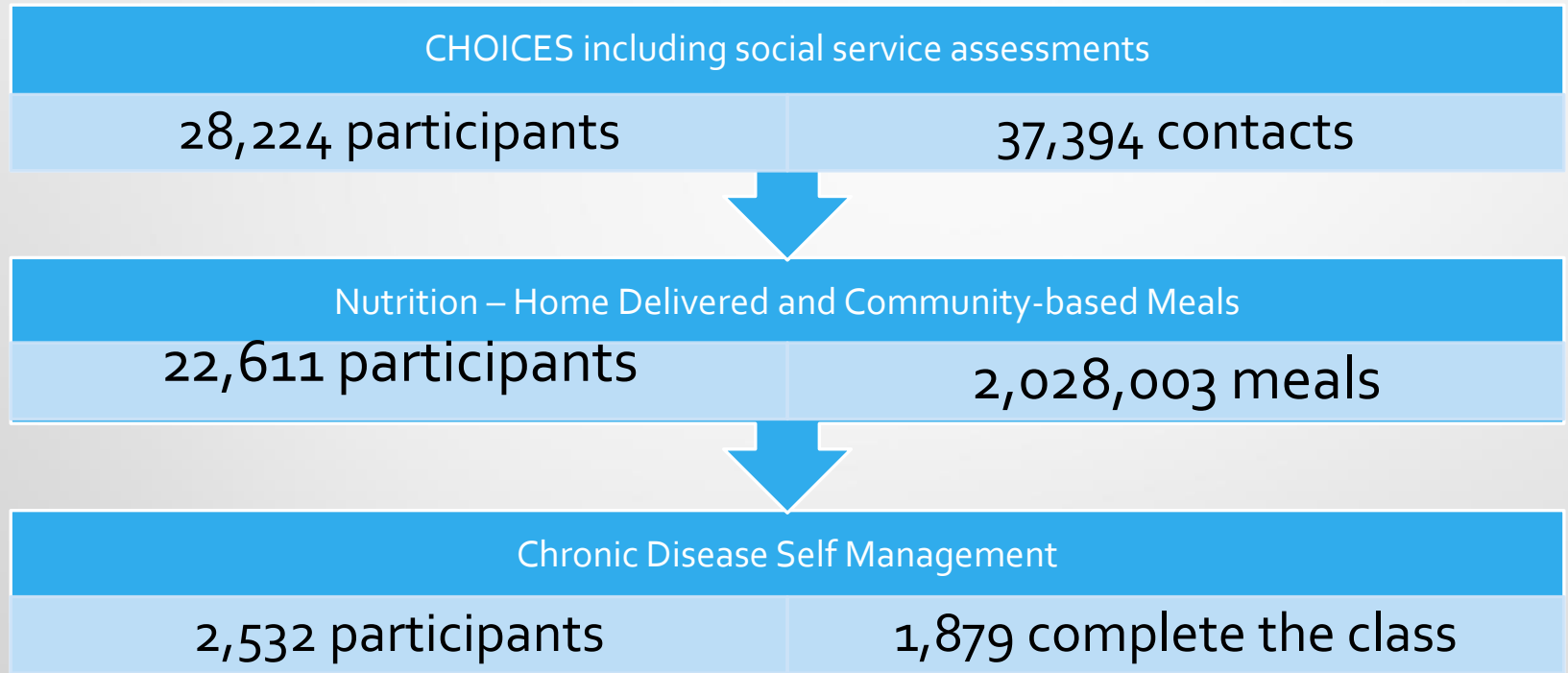
- Title III-B: Supportive Services and Senior Centers
  - Access (Info & Assistance, Integrated Health, Outreach, Transportation)
  - Adult Day Care
  - Community Services
  - Education & Counseling
  - In Home Services
  - Legal Services
- Title III-C: Nutrition Services
  - Congregate Meals
  - Home Delivered Meals
  - Nutrition Assessment, Education, Counseling, and related nutrition services
- Title III-D: Disease Prevention & Health Promotion
  - Evidence-Based Health Promotion Programs
  - Medication Management
- Title III-E: Family Caregiver Support
  - Respite for Caregivers of Older Adults
  - Supportive Services for Grandparents Raising Grandchildren

# Core Programs

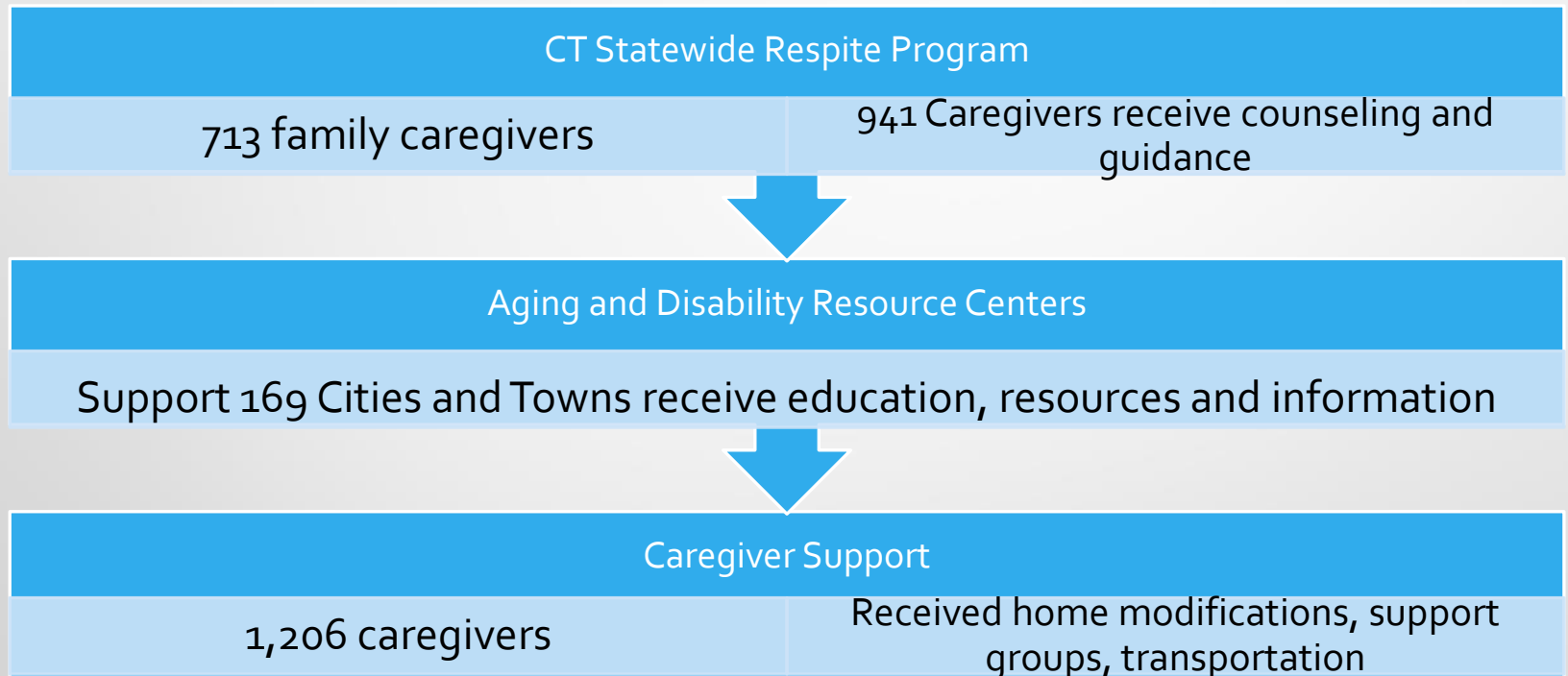
- CT's Health Insurance Assistance, Outreach, Information & Referral, Counseling and Eligibility Screening- CHOICES
- Statewide Alzheimer's Respite Care Program
- Older Americans Act Funds (federal funds to help senior maintain independence)
  - Community and Home Delivered Meal Programs
  - National Family Caregiver Program
- Money Follows the Person – Transition & Assessment
- Veteran's Directed Home & Community Services
- Resident Services Coordinators (Eastern, Western)



# Annual Impact



# Annual Impact



# Relationship to Senior Centers

Grant Funded  
Programs

Presentations  
and trainings

Information  
triage

Focal Points

# Training and Presentation Opportunities

CHOICES Training

Chronic Disease Self-Management Education (LiveWell™  
LiveWell with Diabetes™ )

Dementia Friends™

Powerful Tools for Caregivers™

Medicare Fraud and Abuse

...Topics frequently developed upon request

# Regional Contacts

- **Southwestern CT Agency on Aging**  
1000 Lafayette Boulevard  
Bridgeport, CT 06604  
(203) 333-9288  
Fax: (203) 696-3866  
Marie L. Allen, Executive Director
- **Agency on Aging of South Central CT**  
1 Long Wharf Drive  
New Haven, CT 06511  
(203) 785-8533  
Fax: (203) 785-8873  
Ted Surh, President & CEO
- **Senior Resources - Agency on Aging Eastern CT**  
19 Ohio Avenue, Suite 2  
Norwich, CT 06360  
(860) 887-3561  
Fax: (860) 886-4736  
Joan Wessell, Executive Director
- **North Central Area Agency on Aging**  
151 New Park Avenue, Box 75  
Hartford, CT 06106  
(860) 724-6443  
Fax: (860) 251-6107  
Maureen McIntyre, CEO
- **Western CT Area Agency on Aging**  
84 Progress Lane  
Waterbury, CT 06705  
(203) 757-5449  
Fax: (203) 757-4081  
Christina Fishbein, Executive Director